

To see a community of God's beloved embracing His invitation to



BE WELL

336 Hall Street SE, Grand Rapids, MI 49507

December 2013

Dear Friends and Family,

He has come to save us! Hallelujah!

We know God can change the heart of the king like he did in Esther's day. He can change our hearts and call us to the inner city and He can change the heart or the time frame of the IRS. When we checked on our status in the summer they told us to expect 14 months minimum for consideration. In the end, we received our 501c3 approval almost exactly 1 year after submission. Last week I met with leaders of ministries in the Madison Avenue area who said "It's a miracle." We are praising God! The news came the day before Thanksgiving which happened to be my (Karen) birthday. What a nice present. Much thanks is due to Cal, Bill Zeilstra, Enoch Jen, and Casey Cooper for writing and reviewing the application. We thank God for you!

If you drive by the BE WELL building be sure to look for our new sign. We think it looks wonderful! Thank you to our Madison Square Church small group for sponsoring it. We think of it as a blessing over the neighborhood and all who pass by to BE WELL!

We have been continuing the Zumba class on Tuesday evenings. We have some regulars, an excellent instructor (Kristi Buurma) and it is fun! This year our class is being sponsored by the YMCA which enables us to offer it free! We thank God!

In October, we offered a class called "Healthy Eating Made Easy". Mary Boes did an excellent job with the able assistance of Louise Price.



We had wonderful times together sharing about food and life. We have decided to continue monthly.





In Him we live and move and have our being – Acts 17:28

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Recently we received the donation of a good quality, used treadmill. It works beautifully. It looks a little lonely in the lower level exercise room, but we are in the process of looking for and acquiring more fitness equipment. We are very thankful for this donation, our first equipment for exercise in the lower level of BE WELL.



George Ahime and Matt Jen delivered and tried out our donated treadmill

In February, we will also be offering a combination exercise class on Wednesday evenings. Those of you who aren't able to come on Tuesday evenings are invited. We're excited to open our door another night.

The theme of our last letter was waiting. As I look at this letter, the theme is thankfulness for prayers answered. How appropriate for the Christmas season where we wait in hope.

Jesus has come to save us.

He comes into our hearts to bless us.

He will come again to make all things right.

Blessed be His name.

Please join with us as **we thank God for:**

- 510c3 not for profit IRS approval
- Our BE WELL sign
- Healthy Eating Class

Please join with us as **we pray for:**

- Sale of our home
- Grant applications
- Setting up an exercise space
- Relationships and building trust in the neighborhood

If you would like to donate to our ministry, we would be so grateful. Due to receiving our 501c3 approval from the IRS, donations are fully deductible for tax purposes. Please make checks out to "BE WELL Center" and mailed to:

BE WELL Center
336 Hall Street SE
Grand Rapids, MI 49507

Like us on Facebook! "BE WELL Center".

Serving Christ together through BE WELL, and many other partnerships and ways,

Karen Jen
Executive Director
kjen1230@yahoo.com